

Coaches,

I hope your summer is going well and teams are enjoying some friendly competitions "virtually". I know everyone is just happy to be out and about and we are all lucky to see some diving.

We are trying to do something fun for the end of the season to replace our Championship Diving events.

More details regarding the video submission will be coming from Adam Vance or Dylan Korn.

In the meantime, I hope you will all consider participating in the end of the season relay challenge.

Joe Somma

End of the season FCSL Virtual Diving Relay Challenge

The FCSL invites all teams to participate in our virtual diving relay challenge. We hope that this event provides a fun, safe way for our athletes to celebrate the end of summer dive season. Please let us know if your club is interested in participating by Friday, 7/24.

Event specifics:

Each Club can enter a max of two relays.

Each relay comprised of 1x 17&U, 1x14&U, 1x 12&U and 1x 10&U and can be co-ed or same sex.

Relay must consist of a diver from each age category (divers can dive up) and compete two dives from the requirements below:

Relay requirements (8 total dives per relay):

1 Front jump

3 voluntary dives (three groups)

4 optionals (four groups)

Note: The dives are true D.D and no dives can be repeated.

Entry Submissions:

The Relay must be videoed on the same day and be completed by 7/31.

All videos will be accepted until 8/3 at 5:00 PM.

Awards:

All participants will receive Challenge bag tags

Winning relay videos will be featured on the FCSL site and Challenge results program.

Additional info:

Results will be posted on FCSL website on 8/6.

Video upload directions will follow in a future email.

FCSL Diving Relay Challenge

We are creating a **gmail** account to send the link through and using **google drive** for our storage of videos. We will be sending a link to each coach that RSVP's that they will be participating. Video files should be high resolution.

FCSL DIVING RELAY VIDEO GUIDELINES

- **TAKING VIDEO**
 - Please film the entire relay from start (dive 1) to finish (dive 8) in one clip.
 - Hold Phone or Tablet horizontal in landscape mode while filming.
 - Take Video from the side, or judges view of the diving board.
 - Please capture hurdle, take off, and entry into the water.
 - Announce the following in the video:
 - Club and relay name at the *start* of the video, ie Burning Tree Country Club Relay #1
 - Divers name and dive number
 - Maximum 4 minutes per video relay entry
(One Team=One four minute video, Two Teams=Two four minute videos.)
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- **UPLOADING VIDEO**
 - Please take a moment to rename the video with the name of the club and the relay name.
 - Adam and Dylan will be sending out a link that will enable you to upload your videos.
 - Please RSVP to the diving relay challenge by Friday, 7/24, to ensure we have enough storage for all the videos.
 - Please RSVP by replying to this email. All coaches who RSVP will receive a link to upload.
 - Please include a PDF or photo of the diving sheet for each video entry.

If you have any questions about the video portion of this relay challenge, please contact by call or text:
Adam Vance 267-640-1284
Dylan Korn 914-262-2518